



hotel terme
firenze



3 star
**thermal baths and wellness
in Abano Terme**

PRICE LIST 2019 SEASON

Our services included in the rates

Gourmet

- Good morning! We give you a tasty way to start the day: breakfast buffet (from 07.30 to 10.00) with homemade focaccia and bread, jams, yogurts and cereals, cold meats, cheeses, fresh fruit and juices;
- For full-board and half-board reservations, different lunch and dinner menus everyday, with various choices among first courses, main courses of meat and fish, side dishes, desserts and fresh fruit. The fresh vegetables buffet is always available;
- Every week: welcome cocktail with typical products, gala dinner and an evening of dancing

Relaxation

- Outdoor thermal pool with hydromassages and cervical jets, connected to the indoor one, surrounded by the garden/solarium area, where you can get sun during the summer season (from 08.00 to 19.00);
- Water aerobics appointment in thermal water with a qualified instructor 5 afternoons a week;
- Access to the Social Spa: Laconicum, Calidarium, Frigidarium, Finnish Sauna, Tepidarium, Hot Ninfea (from 15.00 to 19.00);
- Access to fitness room in the Wellness Center with Technogym equipment (from 08.30 to 19.00)

And even more:

- Private parking;
- Wi-Fi available free of charge;
- Help desk to book excursions, tickets, concerts and performances at Verona Arena
- Green-Fee Golf



STANDARD

Equipped with a private bathroom with shower and hair dryer, telephone, Satellite Tv, with and without balcony.



ELEGANT


Equipped with a private bathroom with shower and hair dryer, telephone, Satellite Tv, mini bar, balcony, safe and air conditioning



SUITE

A spacious room, the living area separated from the bedroom by an arch, equipped with a private bathroom with shower and hair dryer, telephone, Satellite Tv, mini bar, balcony, safe and air conditioning

FULL-BOARD PRICES

 *** hotel terme firenze	SEASON		HIGH SEASON		
	06.01.19 – 30.06.19 04.08.19 – 14.09.19 27.10.19 – 22.12.19		15.09.19 – 26.10.19		
	Double	Single	Double	Single	
STANDARD	€	60,00	65,00	70,00	75,00
ELEGANT	€	70,00	85,00	80,00	95,00
SUITE	€	85,00	100,00	95,00	110,00

Full-board prices are per night per person, starting from a minimum of 3 nights. They include all our services and 10% VAT. Accommodation tax not included.

SHORT STAYS

- 1 night full-board and our services included: supplement of € 20,00 per person on the list price
- 2 nights full-board and our services included: supplement of € 10,00 per person per night on the list price

**5%
DISCOUNT**

FOR STAYS OF 6 NIGHTS IN FULL-BOARD
FROM 06/01/2019 TO 22/12/2019

B&B PRICES

 *** hotel terme firenze	SEASON		HIGH SEASON		
	06.01.19 – 30.06.19 04.08.19 – 14.09.19 27.10.19 – 22.12.19		15.09.19 – 26.10.19		
	Double	Single	Double	Single	
STANDARD	€	45,00	50,00	55,00	60,00
ELEGANT	€	55,00	65,00	65,00	75,00

B&B prices are per night per person, starting from 1 night. They include all our services and 10% VAT. Accommodation tax not included.

CHRISTMAS AND NEW YEAR

		from 23.12.19 to 06.01.20	
		Double	Single
STANDARD	€	80,00	85,00
ELEGANT	€	90,00	105,00
SUITE	€	105,00	12,00

Full-board prices are per night per person, starting from a minimum of 6 nights.

They included the programme of festivities, Christmas and New Year's Eve dinner, all our services.

For shorter periods supplements of € 30,00 per person.

REDUCTIONS

- Half-board: € 5,00 less per person per night
- Meals not consumed are not deducted

Children in a room with 2 adults:

- up to 2 years of age: free of charge
- from 3 to 12 years of age: 30% discount
- 3° bed: 10% discount

ACCOMODATION TAX

€ 1,50 per night per person for a maximum of 7 nights.

Children who are not 13 years of age and disabled guests are exempt.

SUPPLEMENTS

- Queen-size bed: € 7,00 per night added to the single room rate
- Double room for single use: € 15,00 per night added to the single room rate
- Small animals: € 7,00 per day, excluding meals
- Late Check-Out (subject to room availability, you can hold the room until 18.00): € 20,00 per person
- Extra lunch or dinner € 20,00
- Standard room with air conditioning: € 3,00 per person per night

HOLIDAYS

- Easter: € 40,00 per person for stays under 4 nights
- Ferragosto (August 15th): € 40,00 per person for stays under 4 nights

INFORMATION

On the day of arrival rooms are available from 12.00 p.m.

On the day of departure the rooms must be left by 10.00 a.m.

Animals are not allowed.



Opening times: from 30/06/19 to 03/08/19

Thermae

We regenerate body and mind with our rich mud therapy

Following the tradition of thermal bath hotels in Abano, our Hotel has its own mud-balneotherapy center with a team of highly qualified operators, who work under the supervision of the Health Director. The aged mud that is used for your daily sessions is extracted from our basins by hand, therefore we guarantee greater compactness and plasticity of the mud

The mud-balneotherapy is used in the treatment and the prevention of a wide range of diseases, in particular osteoporosis, fibromyositis rheumatism (bursitis, tendinitis, peri-arthritis, tennis elbow), traumatic injuries and after effects of fractures, orthopaedic operations, gout, rheumatism caused by a metabolic disorder and primary inflammatory ones, as well as respiratory diseases.

Thermal Water

Our thermal water comes from the uncontaminated basins of the Alpine Foothills, flowing underground where its temperature increases considerably (higher than 200°C, or 392° F), once in the Euganean thermal basin, its geological composition allows it to come back to surface with the subsequent cooling. Next to the mouth of the well the water gushes out at a temperature of about 87°C (or 189° F), enriched with precious mineral salts.

This unique water (classified as hyper-thermal bromidic iodidic salt water), besides being used in bathing and inhaling therapies, finds its main application in the maturation, storage and regeneration of the "mature" thermal mud, which has unrivalled therapeutic characteristics

Mud therapy treatment phases

All mud therapy sessions consist of four fundamental parts:

Like all natural treatments, even the mud-balneotherapy sessions are normally carried out everyday (excluding Sundays), in the morning, so that the effect of the treatment intensifies day after day.

1. Application of thermal mud (ca. 15/20 min).
2. Shower and bath in thermal water (ca. 15/20 min).
3. Sweat reaction (time varies according to personal response to the treatment).
4. Invigorating massage for the muscular and nervous systems (18 or 28 min).

PACKAGES AND THERMAL TREATMENTS

Our flat rates included: full board stay, all our services included, medical check up for admission to treatments, a cycle of mud baths with shower and thermal bath with ozone, bathrobe for the entire stay.

Prices per Person 6 DAYS and 6 TREATMENTS	SEASON 06.01.19 – 30.06.19 04.08.19 – 14.09.19 27.10.19 – 22.12.19		HIGH SEASON 15.09.19 – 26.10.19	
	Double	Single	Double	Single
	STANDARD €	566,00	594,00	623,00
ELEGANT €	623,00	708,00	680,00	765,00
SUITE €	708,00	794,00	765,00	851,00

Prices per Person 13 DAYS and 12 TREATMENTS	SEASON 06.01.19 – 30.06.19 04.08.19 – 14.09.19 27.10.19 – 22.12.19		HIGH SEASON 15.09.19 – 26.10.19	
	Double	Single	Double	Single
	STANDARD €	1.147,00	1.208,00	1.270,00
ELEGANT €	1.270,00	1.455,00	1.394,00	1.579,00
SUITE €	1.455,00	1.641,00	1.579,00	1.764,00

Prices of thermal treatments

Medical check up for the treatment admission	€	27,00
Mud with shower and thermal bath	€	27,00
Hand mud	€	13,00
Thermal bath	€	17,00
Ozone supplement	€	5,00
Inhalation or aerosol with thermal water	€	8,00
Therapeutic massage (18 min.)	€	20,00
Therapeutic massage (28 min.)	€	30,00

Ozone packages

Nr. 6 ozone supplements	€	25,00
Nr. 12 ozone supplements	€	45,00

Massage packages

Nr. 6 Therapeutic massages	(18 min.)	€	110,00
Nr. 6 Therapeutic massages	(28 min.)	€	175,00
Nr. 12 Therapeutic massages	(18 min.)	€	210,00
Nr. 12 mherapeutic massages	(28 min.)	€	315,00
Bathrobe hire per night		€	4,00
Bathrobe hire minimum 3 nights		€	10,00
Change of bathrobe		€	5,00
Slippers		€	3,00
Pool cap		€	2,00
Bathtowel hire		€	4,00



Wellness & Beauty

MASSAGES AND TREATMENTS for body care

Lymph Drainage	(30 min.)	€ 30,00
<i>It stimulates lymphatic circulation, restoring the water balance of the skin and oxygenation of the tissues, eliminating sensations of swelling and heaviness.</i>		
Lymph Drainage	(50 min.)	€ 50,00
Sacral Skull Therapy	(50 min.)	€ 60,00
<i>It is a form of contact, where the hands of the operator become a tool that interacts, listens and responds to what the body wants to communicate.</i>		

For psycho-physical wellbeing

Anti-Stress Massage	(30 min.)	€ 30,00
<i>A slow and delicate massage for the whole body, designed to restore holistic balance and free any tensions accumulated over time.</i>		
Anti-Stress Massage	(50 min.)	€ 50,00
Chocolate Massage	(50 min.)	€ 50,00
<i>It encourages the production of serotonin in the body, thus releasing endorphins to put you in a good mood. It is also excellent as an anti-cellulite treatment.</i>		
Californian Massage	(50 min.)	€ 55,00
<i>Very gentle, ideal for restoring wellbeing in periods of stress and physical and mental fatigue.</i>		
Foot Reflexology	(30 min.)	€ 40,00
<i>The thumbs are used to stimulate all the points on the feet that correspond to our internal organs.</i>		
Ayurveda Massage	(50 min.)	€ 55,00
<i>It stimulates the circulation and helps oxygenation of the tissues, helping to restore a balance of the energies in the body, using hot oil.</i>		
Hot Stone Massage	(60 min.)	€ 60,00
<i>Stone Massage is used as an additional way of enhancing all body treatments. It relieves tension in the muscles of the shoulders, neck and back, drains liquid retention, improves blood circulation, smooths the skin, improves the metabolism, detoxes the body, thoroughly relaxes the mind and body, and ensures a deep anti-stress action.</i>		
Pindasweda Massage	(60 min.)	€ 55,00
Four Hands Massage	(60 min.)	€ 80,00
Tybetan Massage	(50 min.)	€ 60,00
Bamboo Massage	(60 min.)	€ 65,00

For the beauty of the body

Anti-Cellulite Massage	(30 min.)	€ 30,00
<i>It prevents, improves and blocks imperfections caused by cellulite due to poor blood circulation.</i>		
Anti-Cellulite Massage	(50 min.)	€ 50,00
Firming Massage	(30 min.)	€ 30,00
<i>It restores the natural elasticity of the skin. This massage technique tones the tissues deep down, thanks to energetic hand movements.</i>		
Body Peeling with Massage	(50 min.)	€ 50,00

For the beauty of the face

Personalised Deep Facial Cleansing with Massage	€ 50,00
<i>A personalised deep cleansing treatment for all skin types and all ages.</i>	
Revitalizing and Mineralizing Thermal Mud Mask	€ 30,00
<i>With a purifying and sanitising action, it is ideal for mixed and impure skin, delicately eliminating sebum and the impurities that block dilated pores.</i>	
Lymph Drainage for the Face/Neck	€ 30,00
<i>A natural beauty treatment that counteracts swelling and imperfections while restoring firmness, brightness and elasticity to facial skin.</i>	

BEAUTY TREATMENTS

Manicure	€ 20,00
Pedicure	€ 32,00

UVA SOLARIUM

1 complete session	€ 10,00
3 complete session	€ 25,00
5 complete session	€ 40,00



RITUALS FOR THE BODY

Candle Massage (30 min.) € 38,00

The massage candle is made of a blend of natural vegetable oils and butters. The heat of the lit candle melts the butter at a temperature that allows it to be used immediately. The pleasant sensation of warm vegetable butter massaged on the skin relieves tensions, moisturising the skin deep down and making it soft and smooth.

Himalayan Scrub with Massage (30 min.) € 38,00

The cosmetic candle is made of finely ground Himalayan salt that provides a Scrub action during the massage. It also contains Shea butter that moisturises and nourishes the skin.

Vivalu Mini Jug Body Candle (30 min.) € 38,00

The synergy between the natural active ingredients, made fluid and easily absorbed by the warmth of the flame, and the massage re-activate the microcirculation, counteracting water retention and improving the elasticity of the skin. The heat created by the flame and the massage result in vasodilation, which encourages the absorption of active ingredients, thus providing an intense liporeducing and re-oxygenizing action of the microcirculation.



OLOS BODY LINE

Rice Delight Body (50 min.) € 50,00

A body treatment that offers pleasant moments to re-balance the mind and body, relieving tensions and recovering new energies.

Thalasso Body (50 min.) € 50,00

A body treatment that incorporates all the energy of the sea on the skin. It stimulates cellular metabolism, allowing the skin to immediately recover its brightness, softness and vitality.

SHAPE & CHIC (60 min.) € 50,00

A slimming and remodelling line of treatment with an extra touch of glamour for the silhouette of a star. Thanks to its rich formula with highly effective ingredients, it fights body fat in the most critical areas, such as the belly, hips, arms and thighs.

OLOS FACIAL LINE

Sunflower Light	(30 min.)	€ 30,00
<i>Energizing, revitalizing, illuminating and anti-fatigue. It makes the skin bright and glowing.</i>		
Purifyng for Impure skin	(50 min.)	€ 55,00
Purifyng for Sensitive skin	(50 min.)	€ 55,00
Rice Delight Facial	(50 min.)	€ 45,00
<i>Intensively nourishing the skin, it is particularly delicate and ideal for all skin types.</i>		
Hydrasense	(50 min.)	€ 45,00
Lift Couture	(50 min.)	€ 55,00
Revitalizing Hyaluronic Acid	(50 min.)	€ 50,00
Pro Age Lift	(50 min.)	€ 55,00
<i>This treatment restores brightness, freshness and vitality to the skin. It protects the skin and counteracts the skin aging process thanks to its glycolic action.</i>		



OLOS[®]
BEAUTY IS NATURE



RADIO FREQUENCY

Rejuvenates: it stimulates elastic fibres, helping to improve the elasticity of the skin by initiating a process of real skin rejuvenation.

Tones: it re-organises the structure of elastic fibres, making the skin more compact and smoother.

Remodels: the skin becomes more harmonious and elastic, for a more toned and supple body.

A pleasant non-invasive treatment. It ensures visible results in just a few sessions. It alleviates wrinkles, reduces cellulite, eliminates liquid retention and improves microcirculation and the oxygenation of the tissues.

Not suitable for: pregnant and breastfeeding women, those with a heart disease, dermatosis, skin infections and autoimmune disease.



Complete Facial Treatment	(30 min.)	€ 50,00
Single Zone Facial Treatment <i>forehead / eye contour – cheeks / chin – neck / décolleté</i>	(30 min.)	€ 25,00
Breast Treatment	(30 min.)	€ 30,00
Arm Treatment	(30 min.)	€ 30,00
Abdomen/Hip Treatment	(30 min.)	€ 40,00
Gluteal Treatment	(30 min.)	€ 40,00
Thigh Treatment	(30 min.)	€ 50,00

SOCIAL SPA

This SPA space at Hotel Terme Firenze offers a World of Relaxation



Laconicum

60°C, a Roman sauna
with a purifying and detoxifying action



Calidarium

40°C, a Turkish bath that ensures a moment
of pleasurable abandon



Frigidarium

A cold grotto with a menthol spray and ice
cascade to stimulate the body
with a hot-cold action.



Finnische Sauna
about 90°C



Tepidarium
A relaxation area with loungers,
where you can experience
a sensation of total relaxation and recovery

Entry is reserved for those aged over 16. To ensure the utmost comfort and relaxation for everyone and, above all out of respect for all users, please observe the regulations provided.



Personal Spa

Do you want a truly personal experience?

To feel good yourself and with your partner, it is essential to find some regenerating and relaxing moments that can help our body to stay healthy and maintain a pleasing appearance. Come and enter our Personal Spa as a couple. It has a wellness area reserved for a couple with total privacy and includes a Finnish sauna, Turkish bath and sensory shower.

Treat yourself to a wellness corner just for you, a romantic moment of sheer intimacy.

Personal Spa 90 minutes

€ 90,00

Personal Spa 120 minutes

€ 100,00

Couple Massage



COUPLE MASSAGE

(60 min.)

€ 100,00

The ideal massage for regaining harmony as a couple and sharing a moment of total abandon. The massage takes place in the same booth with our masseuses who work in synchrony.

Visit us!

Enter our site

www.abanotermefirenze.it

You will find all our offers



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